

DECEMBER 2018

AN EXCLUSIVE MAGAZINE FOR THE NEIGHBOURHOODS OF CLARKSON, LORNE PARK, LORNE PARK ESTATES AND RATTRAY MARSH

NEIGHBOURS OF LORNE PARK



ARRESTING FASHION

Meet Angelika
Galuszka and
Jennifer Jany

Cover photo by Wioletta Suska Photography

 Best Version Media 



What Does a Private In-Home Healthcare Professional Do?

By Lisa Sundarsingh, VP of Care Operations, Integracare Inc.

Canada's population is aging, and health care needs to be increasingly delivered in the home by quality private services. An in-home nurse can provide support and deliver a care plan that is tailored to the individual in the home, at a hospital, or at a community residence. Clients who require support, appointments, or live-in care often have more complex needs and require specialized attention. Having a Registered Practical Nurse or other registered professional attend to their needs in the comfort of their home creates a trusting bond and increased collaboration among clients, their families, and caregivers.

Help from an in-home health care professional also relieves the burden that is often placed on family members' shoulders, which additionally improves their well-being.

Health care in the home includes assessment, provision of care, and treatment of various conditions, both shorter term or ongoing, over a longer period of time. Caregivers' services can be therapeutic, palliative, rehabilitative, or preventative in nature and offer various kinds of support. Clients with chronic conditions, illnesses, accidents, limited mobility, or other circumstances benefit from the specific attention and compassionate understanding fostered by a caregiver-client relationship. These services are designed to promote accessible health care that increases the well-being, safety, and dignity of clients.

Integracare provides home health care services with a commitment to developing individualized care plans with clients to promote joyful living. Integracare is the recipient of the 2018-2019 Canadian Business Excellence Award as a result of its client satisfaction, employee engagement, and company innovation. Integracare goes to great lengths to offer the most compassionate care possible, with educated and reliable Registered Caregivers and Certified Professionals.

Integracare's private, in-home, Certified Personal Support Workers, Registered Nurses and Registered Practical Nurses, along with Registered Physiotherapists and Registered Massage Therapists, provide long and short-term care. This includes: personal support, nursing care, dementia care, palliative care, wound care, live-in care, physiotherapy, and massage therapy. They also provide additional support services that enable seniors, and others requiring aid, to live as independently as possible, while receiving the necessary health care and other assistance in the client's home or facility.

All Integracare caregivers have been thoroughly screened with references and police clearances, annual medical check-ups, bonding, and photo-identification. Caregivers are regularly supervised, and care plans are reviewed, with our employees receiving continuing educational upgrading to their nursing skills.

Integracare also provides health advocacy services, case management by nursing coordinators, arranges and manages the escorting of clients to appointments or events in the community, and services from tradespeople. In addition to Integracare's home care in Toronto and Mississauga, they also sell and rent assistive devices, medical equipment and supplies, and can help you or your loved one find the right nursing equipment or supplies.

Seeking private, in-home health care services for yourself or a family member can be a difficult decision. Integracare is here to answer any questions you may have about its registered professionals and caregivers, care plans, services, or any other query specific to your situation. Contact Integracare at 416-421-4243, 905-916-5454, or 800-891-4197, or send an email to info@integracare.on.ca.



INTEGRACARE

INCORPORATED

Your Home Healthcare Provider of Choice

**Providing quality, experienced
healthcare professionals
wherever you call home.**

Integracare.ca
905.916.5454

Mississauga Location

Now Open

Sherwood Forrest Village - 1900 Dundas St. W.